# ANOIS MENU

## Full Anois | € 13.90

With Tea or Coffee

Sausages, Rashers, Tomato, Potatoes, Mushroom, Black&White Pudding, Fried Eggs, Beans

(Allgs: 1, 2, 5, 10)

## Mini Anois | € 9.90

Sausage, Rasher, Fried Egg, Beans, Black&White Pudding

(Allgs: 1, 2, 5, 10)

## Vegetarian Breakfast | € 11.90

Potatoes, Tomato, Fried Egg, Mushroom, Beans

(Allgs: 1, 2, 5, 10)

## Breakfast Bap | € 10.80

Brioche Bun, Relish, Fried Egg, Rasher, Sausage

(Allgs: 1, 2, 5, 10)

## Anois Breakfast Bagel | € 10.80

Rasher, Scrambled Egg, Black pudding, Ketchup

(Allgs: 1, 2, 5, 10)

## Scrambled Egg & Toast | € 8.50

Add Rasher / Sausage +€ 2.00

(Allgs: 1, 2, 5, 10)

## Scrambled Egg on Avocado Toast | € 13.90

Mashed Avocado, Scrambled egg, Sundried Tomato, Side salad & Potato

## Mushroom on Sourdough | € 13.90

Grilled Mushrooms on Sourdough Bread, Sundried Tomato Mayo, topped with parmesan, served with Side Salad & Potatoes (Allgs: 1, 2, 5, 6, 10)

## Breakfast GRANOLA Bowl | € 8.50

**Granola, Yoghurt, Sesonal fruits**

**(Allgs: 1, 3, 5, 6)**

# THE CRUNCH CLUB

(Choose White or Brown Bread — Sourdough available for + € 2)

**Soup-er Star | € 7.50**
Soup of the Day Served with Brown Soda Bread (Allgs:5, 7)

**Soup&Sandwich Combo | € 11.50**
Small cup of Soup, Choice of your sandwich (Allgs:5, 7)

## Classic Crunch | € 7.90
Ham & Cheese Toastie
(Allgs:1, 5)

## The Anois Classic | € 8.90
Ham, Cheddar, Red onion, Tomato
(Allgs:1, 5)

## Grilled Cheese Toastie | € 8.90
Cheddar, Mozzarella, Parmesan
(Allgs:1, 5)

## Smoked Turkey Toastie | € 9.90
Smoked Cheese, Turkey, Gerkhins, Mustard-Mayo
(Allgs:1, 5)

## The B.L.T. € | 9.90
Crispy Bacon, Lettuce, Tomato, Mayo
(Allgs:1, 5, 8, 10)

## The G.O.A.T. | € 9.90
Goat Cheese & Caramelised Onion & Green Salad
Add Ham / Chicken €2.00
(Allgs:1, 5, 10)

## CLUBHOUSE SOURDOUGH | € 11.90
**Chicken, Bacon, Mayo, Lettuce, Tomato**
**(Allgs:1, 3, 5, 6, 10)**

# KIDS SECTION:

Kids Scrambled Egg & Toast | €4.50
Kids Soup *(no bread included)* | €3.90
Kids Sausage Sandwich | €4.20
Kids Rasher Sandwich | €4.20
Kids Beans & Toast | €3.50

**Home Baked Cakes and Bakes**
(Price & Allergines on Display)

## HOT DRINKS

**Espresso/Ristretto** | € 3.20

**Double Espresso** | € 3.40

**Americano** | € 3.40

**Cappuccino** | € 3.60

**Latte** | € 3.80

**CHAI Latte**| € 3.80

**Flat White** | € 3.60

**Mocha** | € 4.20

**Hot Chocolate** | € 4.00

**Tea** | € 3.00

**Herbal Tea** | € 3.40

**Dirty CHAI Latte** | € 4.80

**Add-Ons:**
**Alternative Milks: Coconut, Almond, Oat + € 0,50**

**Add Flavor:**
**Vanilla, Caramel, Hazelnut + € 1.00**

# DRINKS

**Juices – Wild Orchard**

Orange Juice 250ml | €2.90
Mango & Passionfruit Smoothie 250ml | €2.90
Pressed Apple Juice 250ml | €2.90
Rhubarb & Ginger Lemonade 250ml | €2.90
Sparkling Elderflower Lemonade 250ml | €2.90
Freshly Pressed Apple & Blackcurrant Juice 250ml | €2.90

**HI-FIVE Probiotic Soda**

Ginger & Lychee 330ml | €3.50
Yuzu & Grapefruit 330ml | €3.50
Jasmin & White Peach 330ml | €3.50

**Kombucha**

Apple & Elderflower Presse 250ml | €3.50
Ginger & Turmeric Lemonade 250ml | €3.50
Mango 250ml | €3.50
Raspberry & Hibiscus 250ml | €3.50

**Soft Drinks**

Fritz Cola Regular / Super-Zero / Orange / Lemon / Apple
Pepsi / Pepsi Max / Pepsi Cream / Club Shandy 330ml | €3.50

**Water**

Ballygowan Water 500ml | €2.20
Ballygowan Water 750ml | €2.70

Welcome to **Anois** - making “now” the best part of your day.

We’ve poured a lot of love into this place, and we’re so happy to share it with you.
What this place is about: taking a moment to pause, sip something good, and enjoy where you are.

Our food is made fresh with local ingredients - tasty dishes made with care, just like we’d serve at home.

We’re proud of our brilliant little team, who’ll do their best ! - whether you’re grabbing a quick coffee, settling in with a book, or lingering over lunch.

Settle in, take a breath, and enjoy your time here.

**Allergens:**
1- Gluten (wheat, rye, barley, oats, spelt), 2 - Eggs, 3 - Peanuts, 4 - Soybeans, 5 – Dairy, 6 – Nuts, 7 - Celery, 8 - Mustard, 9 - Sesame seeds, 10 - Sulphur dioxide and sulphites, 11 - Lupin

